

## WHAT IS 4-H?

4-H is a worldwide youth development program available in every state and over eighty countries. It is open to all youth aged 5-to-19, who want to have fun, learn new skills, and explore the world.

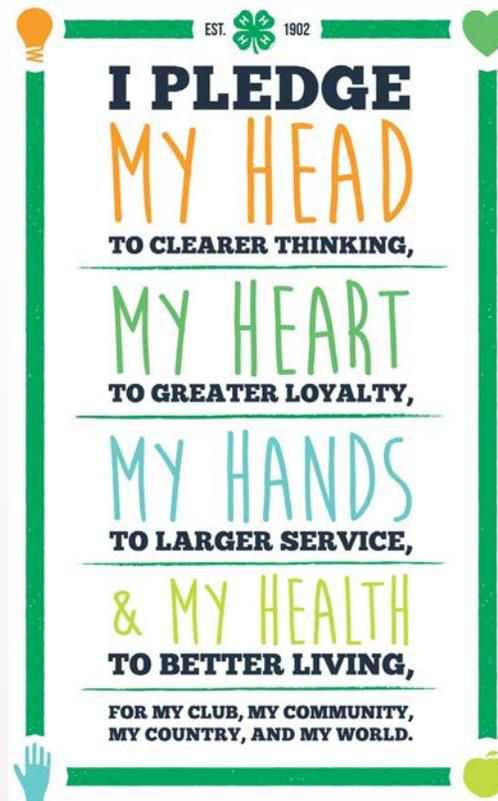


In return, youth who participate in 4-H find a supportive environment and opportunities for hands-on or “experiential” learning about things that interest them. They also get what all young people need to succeed in life--the confidence, compassion and connections with like-minded peers and caring adults to make contributions to their communities.



**4-H is America’s largest youth development organization.** We empower young people with the skills to lead for a lifetime. This experience grows leaders with life skills like confidence, resilience and curiosity.

**LEARN MORE AT [NYS4-H.ORG](https://nys4-h.org).**



All youth activities offered by Cornell Cooperative Extension of Monroe County fall under the 4-H umbrella, whether they happen in school, after school, in the summer, or as a workshop, club, camp, or special event.

4-H programs are offered in a wide variety of formats and places because they’re designed to fit the interests and needs of the diverse young people who live in our rural, suburban, and urban communities.

**Interested in joining or volunteering with 4-H?  
Contact us today!**

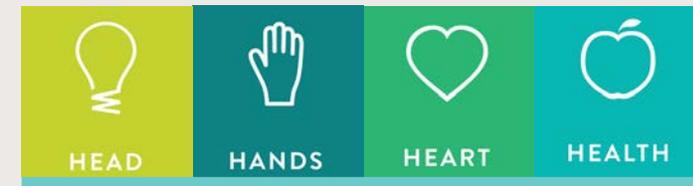
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**4-H YOUTH DEVELOPMENT PROGRAM**



## WHAT TYPES OF 4-H PROGRAMS ARE AVAILABLE IN MONROE COUNTY?

**Community Clubs:** Volunteer adult leaders make use of 4-H curricula, resources and training to provide informal, hands-on experiential learning opportunities for youth.



**Cloverbud Clubs:** A special group for members 5-8 years old. Specific curricula and projects have been designed to meet the developmental needs of our youngest members.

**Special Interest Clubs:** Have a common interest & focus (ie. horses, public speaking, livestock, hiking, etc.)

### School Enrichments & After-School Programs:

Teachers, after-school staff and students in rural, urban and suburban districts have access to 4-H resources through curriculum, teaching aids and teacher trainings. 4-H youth development staff are available to help student with classroom visits and fieldtrips. Resources include a broad range of topics including communication and expressive arts, consumer and family science, environmental and earth science, plants, animals and agriculture.

For a complete list of programs, please visit: [monroe.cce.cornell.edu/4-h-youth-development](http://monroe.cce.cornell.edu/4-h-youth-development)

## WHY JOIN 4-H?

### 4-H is a Community for all Youth.

4-H is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provides experiences where young people learn by doing.



For more than 100 years, 4-H has welcomed young people of all beliefs and backgrounds, giving kids a voice to express who they are and how they make their lives and communities better.



**4-H Way:** 4-H empowers young people with the skills to lead for a lifetime. Research shows that 4-H'ers make positive contributions to their communities.

**4-H Community:** 4-H reaches nearly six million young people with programs delivered by 4-H professionals and volunteers. Together, young people experience 4-H through school and community clubs, in-school and after-school programs and 4-H camps.

**4-H Programming:** Based on interests and guided by adult mentors, youth develop their own pathway in 4-H. They select from a broad menu of local 4-H programs, where there are hands-on, learn-by-doing, opportunities for everyone.

**4-H Rewards:** 4-H offers youth chances to compete for national, regional, state, and county scholarships and awards.

## 4-H SPECIAL EVENTS

Our 4-H Program hosts a wide variety of events, including those that welcome the entire community, not just 4-H participants.

Monroe County 4-H is part of an active regional, state and national 4-H community with many rewarding events.



Monroe County 4-H presents the annual summer event, 4-H EXPO, at Ontario Beach Park, Rochester. The event highlights the projects & achievements of our 4-H participants, providing the Rochester community with information & activities aligned with the 4-H mission.

Other events include County and District Level Public Presentations, Monthly hands-on workshops and Shooting Sports Trainings. Check our website frequently to find events designed for fun, service and learning.

